

# CSC413/2516 Lecture 6: Optimization & Generalization

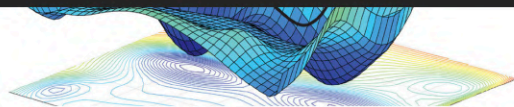
Jimmy Ba and Bo Wang

a.k.a. **Two Bags of Tricks!**

Some administrative stuff:

- HW 3 (**hardest**) is out! (Due March 11)
- PA 2 deadline is extended to Feb 28!
- HW1 and Midterm Marks are released!
- Midterm marks:  $85 \pm 1.34$ . Congratulations!
- Final Project Proposal is due Feb 25!
- Today's Office Hour is changed to 6-7pm!

# A bit of controversy



Gradient descent relies on trial and error to optimize an algorithm, aiming for minima in a 3D landscape.

ALEXANDER AMINI, DANIELA RUS, MASSACHUSETTS INSTITUTE OF TECHNOLOGY, ADAPTED BY M. ATAROD/SCIENCE

## AI researchers allege that machine learning is alchemy

By [Matthew Hutson](#) | May. 3, 2018, 11:15 AM

Ali Rahimi, a researcher in artificial intelligence (AI) at Google in San Francisco, California, took a swipe at his field last December—and received a 40-second ovation for it. Speaking at an AI conference, Rahimi charged that machine learning algorithms, in which computers learn through trial and error, **have become a form of "alchemy."** Researchers, he said, do not know why some

## Deep Learning: Alchemy or Science?

al·che·my

/ˈalkəmɪ/



Learn to pronounce

noun

the medieval forerunner of chemistry, based on the supposed transformation of matter. It was concerned particularly with attempts to convert base metals into gold or to find a universal elixir. "occult sciences, such as alchemy and astrology"

# Overview: Gradient Descent

- Goal: we want to minimize a specific objective function (cost or loss):

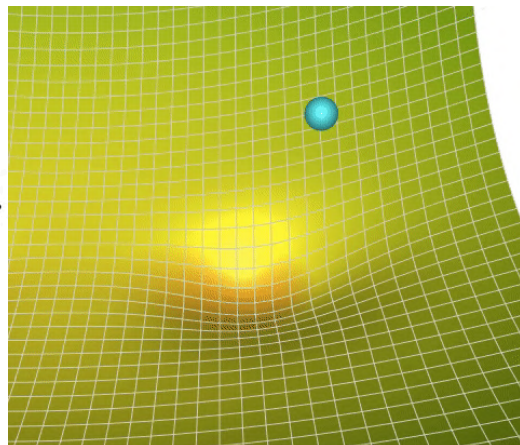
$$\mathcal{J}(\theta) = \frac{1}{N} \sum_{i=1}^N \mathcal{J}^{(i)}(\theta) = \frac{1}{N} \sum_{i=1}^N \mathcal{L}(y(\mathbf{x}^{(i)}, \theta), t^{(i)}).$$

- Step 1: Calculate Gradient (by linearity)

$$\nabla \mathcal{J}(\theta) = \frac{1}{N} \sum_{i=1}^N \nabla \mathcal{J}^{(i)}(\theta).$$

- Step 2: Update the parameters:

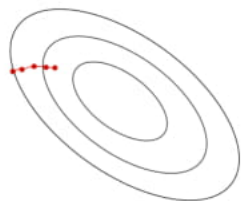
$$\theta = \theta - \alpha \nabla \mathcal{J}(\theta)$$



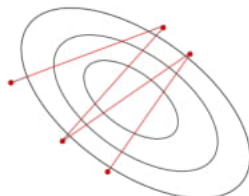
Source: <https://towardsdatascience.com/a-visual-explanation-of-gradient-descent-methods-momentum-adagrad-rmsprop-adam-f898b102325c>

# Overview: Learning Rate

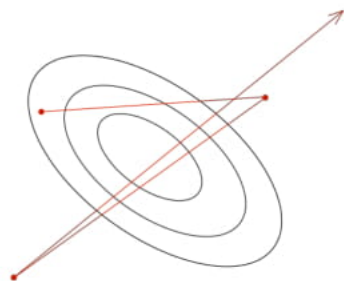
- The learning rate  $\alpha$  is a hyperparameter we need to tune. Here are the things that can go wrong in batch mode:



$\alpha$  too small:  
slow progress



$\alpha$  too large:  
oscillations

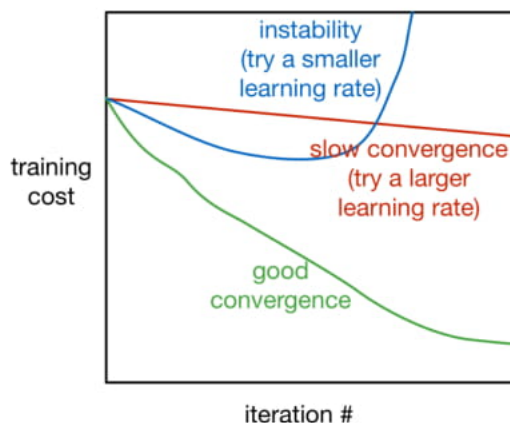


$\alpha$  much too large:  
instability

- Good values are typically between 0.001 and 0.1. You should do a grid search if you want good performance (i.e. try 0.1, 0.03, 0.01, ...).

# Overview: Training Curves

- To diagnose optimization problems, it's useful to look at **training curves**: plot the training cost as a function of iteration.
- **Gotcha:** use a fixed subset of the training data to monitor the training error. Evaluating on a different batch (e.g. the current one) in each iteration adds a *lot* of noise to the curve!
- **Gotcha:** it's very hard to tell from the training curves whether an optimizer has converged. They can reveal major problems, but they can't guarantee convergence.



# Overview: Limitations of Gradient Descent

- So far, the cost function  $\mathcal{J}$  has been the average loss over the training examples:

$$\mathcal{J}(\boldsymbol{\theta}) = \frac{1}{N} \sum_{i=1}^N \mathcal{J}^{(i)}(\boldsymbol{\theta}) = \frac{1}{N} \sum_{i=1}^N \mathcal{L}(y(\mathbf{x}^{(i)}, \boldsymbol{\theta}), t^{(i)}).$$

- By linearity,

$$\nabla \mathcal{J}(\boldsymbol{\theta}) = \frac{1}{N} \sum_{i=1}^N \nabla \mathcal{J}^{(i)}(\boldsymbol{\theta}).$$

- Computing the gradient requires summing over *all* of the training examples. This is known as **batch training**.
- Batch training is impractical if you have a large dataset (e.g. millions of training examples)!

# Stochastic Gradient Descent

- **Stochastic gradient descent (SGD)**: update the parameters based on the gradient for a single training example:

$$\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} - \alpha \nabla \mathcal{J}^{(i)}(\boldsymbol{\theta})$$

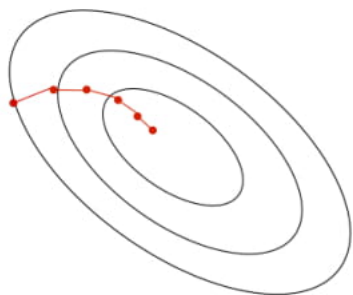
- SGD can make significant progress before it has even looked at all the data!
- Mathematical justification: if you sample a training example at random, the stochastic gradient is an **unbiased estimate** of the batch gradient:

$$\mathbb{E}_i \left[ \nabla \mathcal{J}^{(i)}(\boldsymbol{\theta}) \right] = \frac{1}{N} \sum_{i=1}^N \nabla \mathcal{J}^{(i)}(\boldsymbol{\theta}) = \nabla \mathcal{J}(\boldsymbol{\theta}).$$

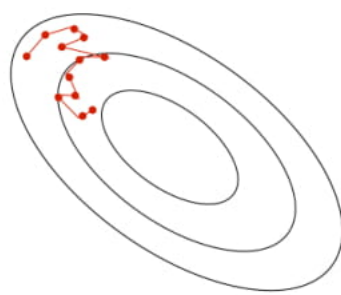


# Stochastic Gradient Descent

- Batch gradient descent moves directly downhill. SGD takes steps in a noisy direction, but moves downhill on average.



**batch gradient descent**



**stochastic gradient descent**

## Trick 1.1: Mini-batch Gradient Descent

- **Problem:** if we only look at one training example at a time, we can't exploit efficient vectorized operations.
- **Compromise approach:** compute the gradients on a medium-sized set of training examples, called a **mini-batch**.
- Each entire pass over the dataset is called an **epoch**.
- Stochastic gradients computed on larger mini-batches have smaller variance:

$$\text{Var} \left[ \frac{1}{S} \sum_{i=1}^S \frac{\partial \mathcal{L}^{(i)}}{\partial \theta_j} \right] = \frac{1}{S^2} \text{Var} \left[ \sum_{i=1}^S \frac{\partial \mathcal{L}^{(i)}}{\partial \theta_j} \right] = \frac{1}{S} \text{Var} \left[ \frac{\partial \mathcal{L}^{(i)}}{\partial \theta_j} \right]$$

- The mini-batch size  $S$  is a hyperparameter. Typical values are 10 or 100.

## Trick 1.1: Mini-batch Gradient Descent

Let's talk in codes:

```
for t in range(1, num_iters):  
    batch = get_batch()  
    loss  = compute_loss(batch, w)  
  
    dw = compute_gradient(loss)  
  
    w -= alpha * dw
```

## Trick 1.2: Batch Size

- The mini-batch size  $S$  is a hyperparameter that needs to be set.
  - **Large batches:** converge in fewer weight updates because each stochastic gradient is less noisy.
  - **Small batches:** perform more weight updates per second because each one requires less computation.

## Trick 1.2: Batch Size

- The mini-batch size  $S$  is a hyperparameter that needs to be set.
  - **Large batches:** converge in fewer weight updates because each stochastic gradient is less noisy.
  - **Small batches:** perform more weight updates per second because each one requires less computation.
- **Claim:** If the wall-clock time were proportional to the number of FLOPs, then  $S = 1$  would be optimal.
  - 100 updates with  $S = 1$  requires the same FLOP count as 1 update with  $S = 100$ .
  - Rewrite minibatch gradient descent as a for-loop:

$S = 1$

For  $k = 1, \dots, 100$ :

$$\theta_k \leftarrow \theta_{k-1} - \alpha \nabla \mathcal{J}^{(k)}(\theta_{k-1})$$

$S = 100$

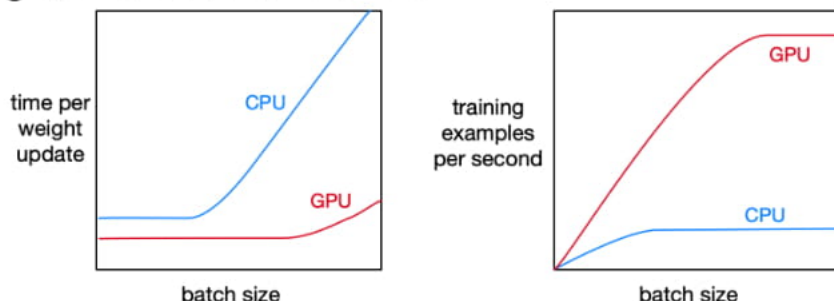
For  $k = 1, \dots, 100$ :

$$\theta_k \leftarrow \theta_{k-1} - \frac{\alpha}{100} \nabla \mathcal{J}^{(k)}(\theta_0)$$

- All else being equal, you'd prefer to compute the gradient at a fresher value of  $\theta$ . So  $S = 1$  is better.

# Batch Size

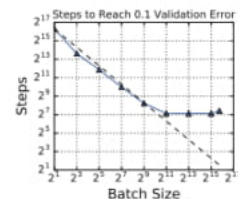
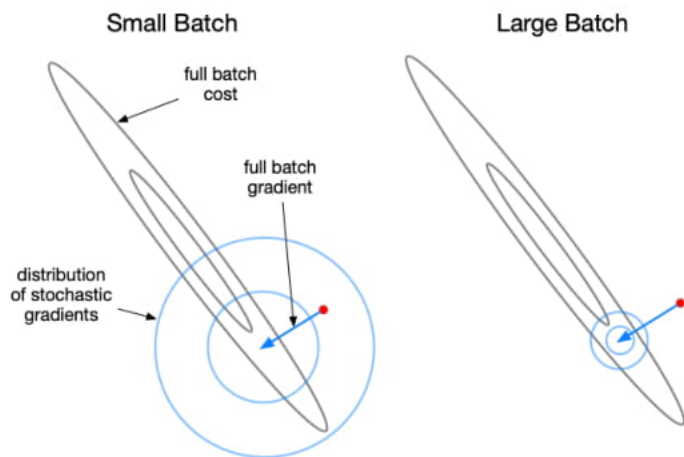
- The reason we don't use  $S = 1$  is that larger batches can take advantage of fast matrix operations and parallelism.
- **Small batches:** An update with  $S = 10$  isn't much more expensive than an update with  $S = 1$ .
- **Large batches:** Once  $S$  is large enough to saturate the hardware efficiencies, the cost becomes linear in  $S$ .
- Cartoon figure, not drawn to scale:



- Since GPUs afford more parallelism, they saturate at a larger batch size. Hence, GPUs tend to favor larger batch sizes.

# Batch Size

- The convergence benefits of larger batches also see diminishing returns.
- **Small batches:** large gradient noise, so large benefit from increased batch size
- **Large batches:** SGD approximates the batch gradient descent update, so no further benefit from variance reduction.



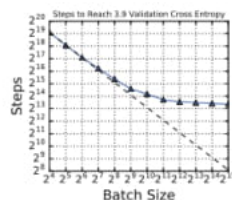
(b) Simple CNN on Fashion MNIST



(c) ResNet-8 on CIFAR-10



(e) ResNet-50 on Open Images



(f) Transformer on LM1B

- **Right:** # iterations to reach target validation error as a function of batch size. (Shallue et al., 2018)

# Summary: Batch Size

- Batch Size is a slider on the learning process.
  - Small batch size gives a learning process that converges quickly at the cost of noise in the training process.
  - Large batch size gives a learning process that converges slowly with accurate estimates of the error gradient.
- Tips in practice
  - A set of good default values to try: 32, 64, 128, 256...
  - It is a good idea to review learning curves of model validation error against training time with different batch sizes when tuning the batch size.
  - Tune batch size and learning rate after tuning all other hyper-parameters.
  - Use better GPUs if you can.



## Trick 1.3: Initialization

- If two hidden units have exactly the same bias and exactly the same incoming and outgoing weights, they will always get exactly the same gradient.
  - So they can never learn to be different features.
  - We break symmetry by initializing the weights to have small random values.
- If a hidden unit has a big fan-in, small changes on many of its incoming weights can cause the learning to overshoot.
  - We generally want smaller incoming weights when the fan-in is big, so initialize the weights to be proportional to  $\sqrt{\text{fan-in}}$ .

Source: Geoffrey Hinton

## Trick 1.3: Initialization

When activation function is linear (or close to linear) :

```
W = np.random.randn(fan_in, fan_out) / np.sqrt(fan_in) # layer initialization
```

“Xavier initialization”  
[Glorot et al., 2010]

When activation function is Relu :

```
W = np.random.randn(fan_in, fan_out) / np.sqrt(fan_in/2) # layer initialization
```

He et al., 2015  
(note additional /2)

A better idea (if possible): Start with a pretrained model!

## Trick 1.3: Initialization

Proper initialization is an active area of research...

***Understanding the difficulty of training deep feedforward neural networks***

by Glorot and Bengio, 2010

***Exact solutions to the nonlinear dynamics of learning in deep linear neural networks*** by

Saxe et al, 2013

***Random walk initialization for training very deep feedforward networks*** by Sussillo and Abbott, 2014

***Delving deep into rectifiers: Surpassing human-level performance on ImageNet classification*** by He et al., 2015

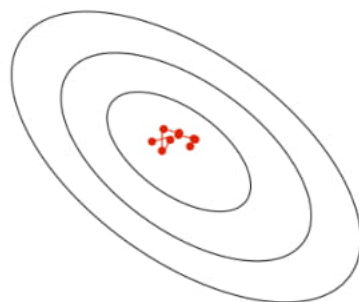
***Data-dependent Initializations of Convolutional Neural Networks*** by Krähenbühl et al., 2015

***All you need is a good init***, Mishkin and Matas, 2015

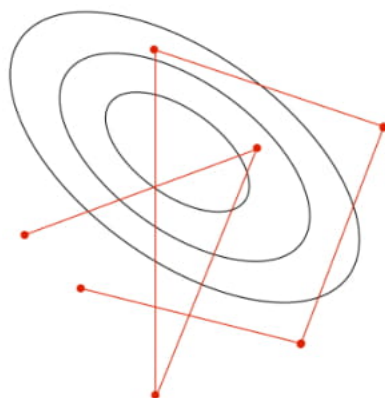
## Trick 1.4: Learning Rate

- In stochastic training, the learning rate also influences the **fluctuations** due to the stochasticity of the gradients.

small learning rate



large learning rate



- Typical strategy:
  - Use a large learning rate early in training so you can get close to the optimum
  - Gradually decay the learning rate to reduce the fluctuations

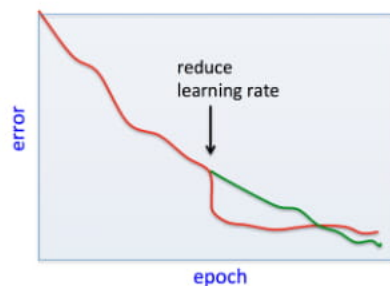
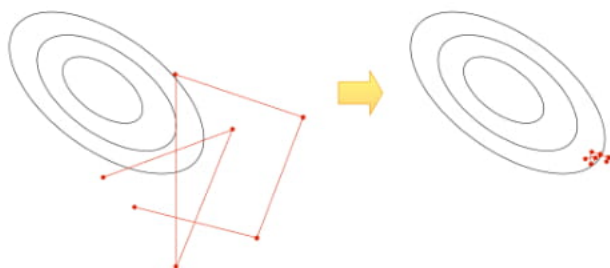
## Trick 1.4: Learning Rate

- Guess an initial learning rate.
  - If the error keeps getting worse or oscillates wildly, reduce the learning rate.
  - If the error is falling fairly consistently but slowly, increase the learning rate.
- Write a simple program to automate this way of adjusting the learning rate.
- Towards the end of mini-batch learning it nearly always helps to turn down the learning rate.
  - This removes fluctuations in the final weights caused by the variations between mini-batches.
- Turn down the learning rate when the error stops decreasing.

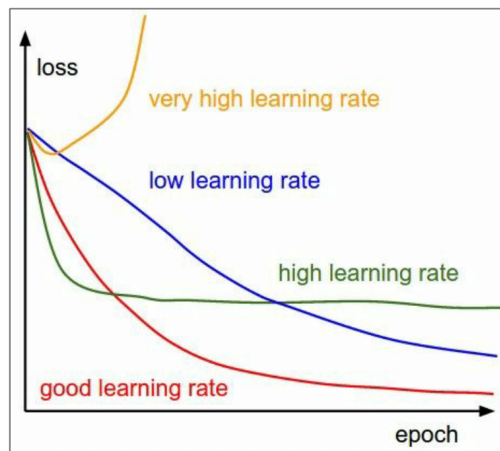
Source: Geoffrey Hinton

# Learning Rate

- Warning: by reducing the learning rate, you reduce the fluctuations, which can appear to make the loss drop suddenly. But this can come at the expense of long-run performance.



## Trick 1.4: Learning Rate



**=> Learning rate decay over time!**

**step decay:**

e.g. decay learning rate by half every few epochs.

**exponential decay:**

$$\alpha = \alpha_0 e^{-kt}$$

**1/t decay:**

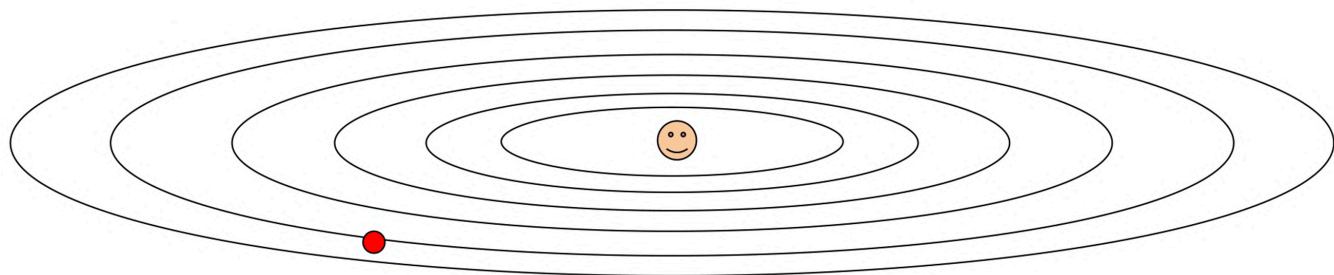
$$\alpha = \alpha_0 / (1 + kt)$$

*Tip in practice: Typically, a grid search involves picking values approximately on a logarithmic scale, e.g., a learning rate taken within the set  $\{.1, .01, 10^{-3}, 10^{-4}, 10^{-5}\}$*

## Trick 1.5: SGD with Momentum

The problem with SGD:

Suppose loss function is steep vertically but shallow horizontally:



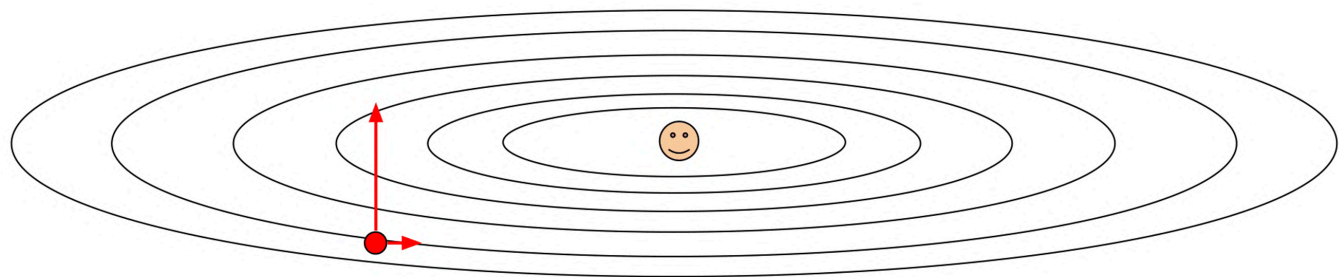
Q: What is the trajectory along which we converge towards the minimum with SGD?



## Trick 1.5: SGD with Momentum

The problem with SGD:

Suppose loss function is steep vertically but shallow horizontally:

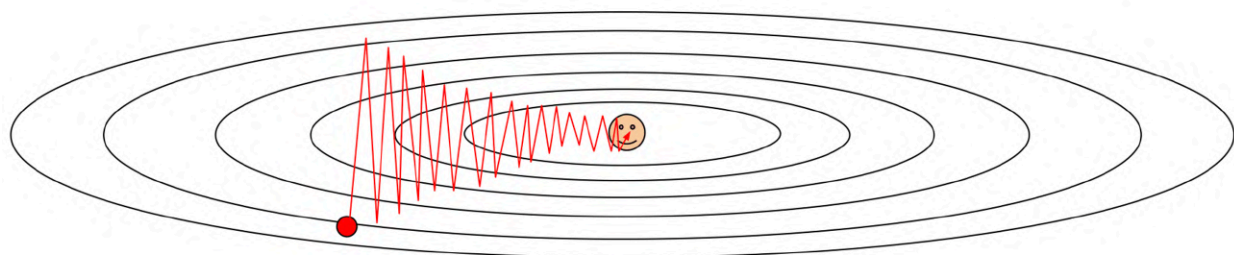


Q: What is the trajectory along which we converge towards the minimum with SGD?

## Trick 1.5: SGD with Momentum

The problem with SGD:

Suppose loss function is steep vertically but shallow horizontally:



Q: What is the trajectory along which we converge towards the minimum with SGD? **very slow progress** along flat direction, **jitter** along steep one

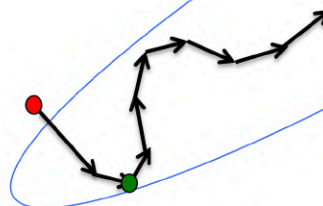
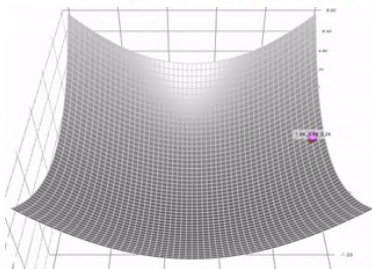
# Trick 1.5: SGD with Momentum

## The intuition behind the momentum method

Imagine a ball on the error surface. The location of the ball in the horizontal plane represents the weight vector.

- The ball starts off by following the gradient, but once it has velocity, it no longer does steepest descent.
- Its momentum makes it keep going in the previous direction.

- It damps oscillations in directions of high curvature by combining gradients with opposite signs.
- It builds up speed in directions with a gentle but consistent gradient.



Source: Geoffrey Hinton

## Trick 1.5: SGD with Momentum

Source: Kosta Derpanis



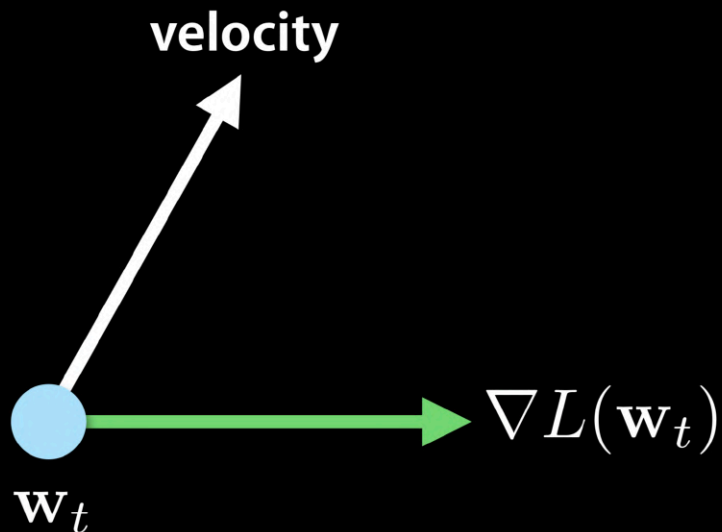
## Trick 1.5: SGD with Momentum

Source: Kosta Derpanis



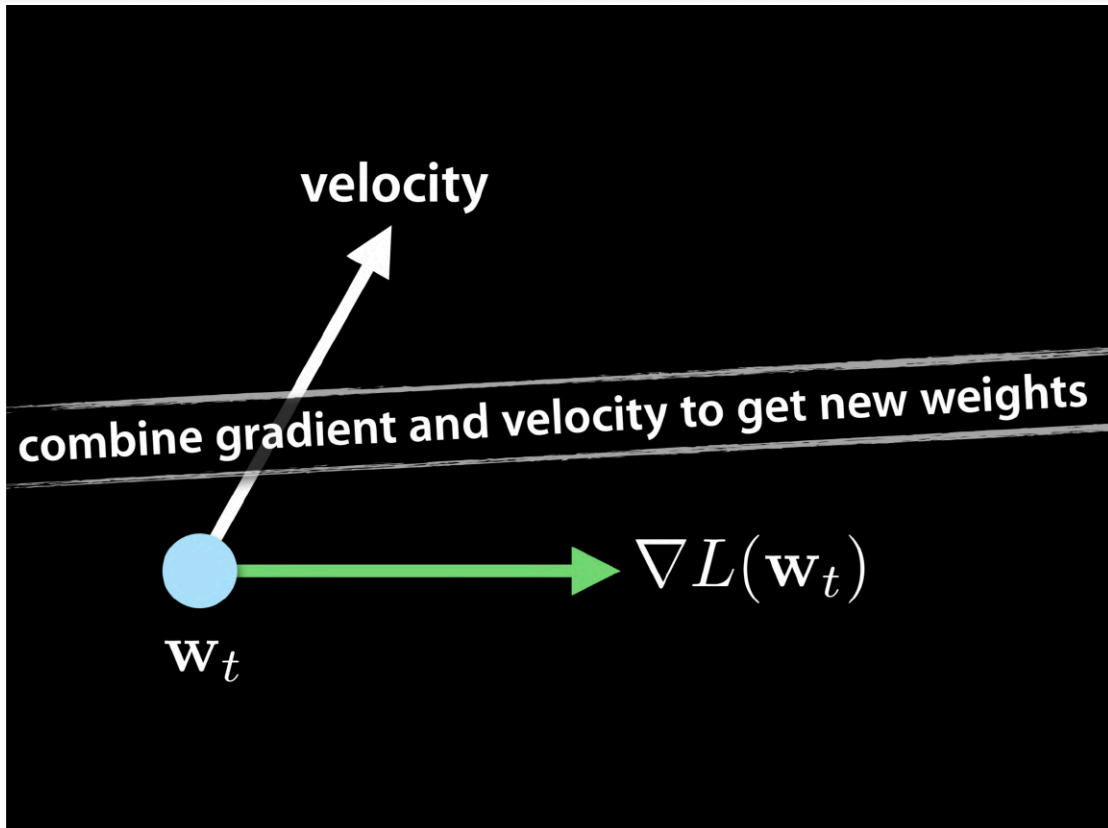
## Trick 1.5: SGD with Momentum

Source: Kosta Derpanis



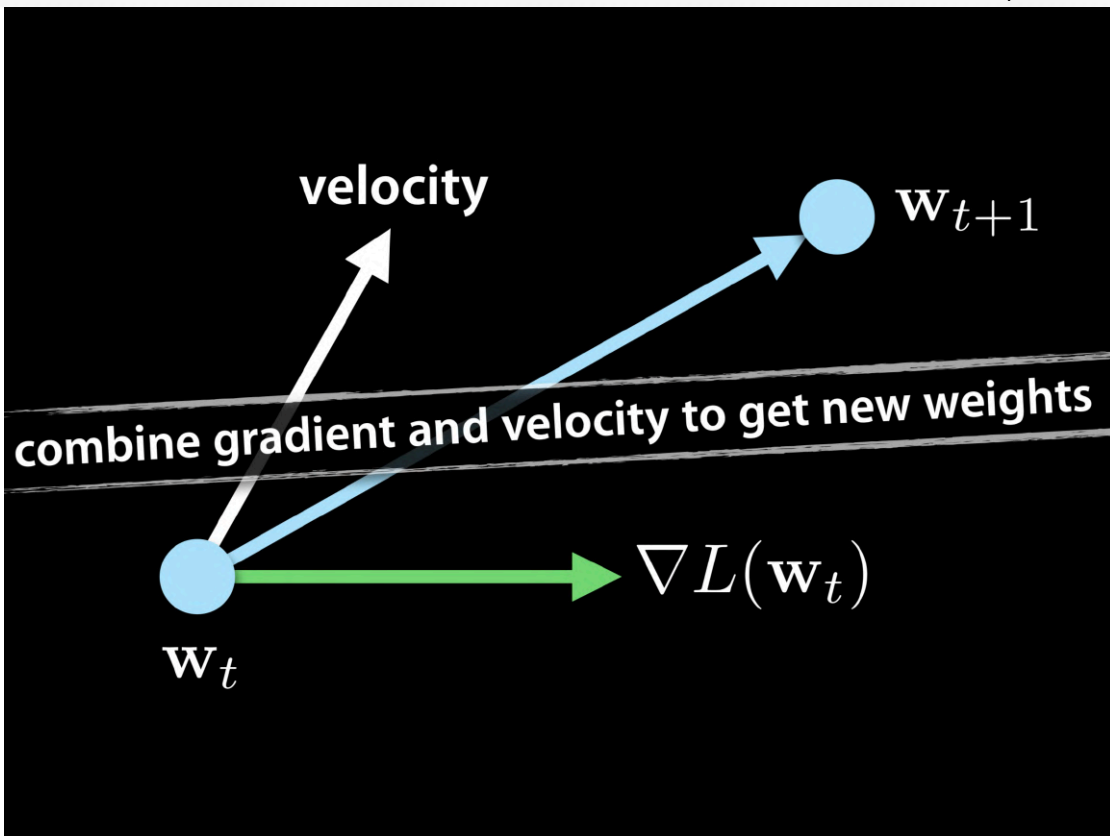
## Trick 1.5: SGD with Momentum

Source: Kosta Derpanis



## Trick 1.5: SGD with Momentum

Source: Kosta Derpanis





## Trick 1.5: SGD with Momentum

Source: Kosta Derpanis

Let's talk in codes:

```
vw = 0
beta1 = 0.9

for t in range(1, num_iters):
    batch = get_batch()
    loss = compute_loss(batch, w)

    dw = compute_gradient(loss)
    vw = beta1 * vw + (1 - beta1) * dw

    w -= alpha * vw
```

## Trick 1.6: RMSProp (optional)

### rmsprop: A mini-batch version of rprop

- rprop is equivalent to using the gradient but also dividing by the size of the gradient.
  - The problem with mini-batch rprop is that we divide by a different number for each mini-batch. So why not force the number we divide by to be very similar for adjacent mini-batches?
- rmsprop: Keep a moving average of the squared gradient for each weight
$$\text{MeanSquare}(w, t) = 0.9 \text{MeanSquare}(w, t-1) + 0.1 \left( \frac{\partial E}{\partial w}(t) \right)^2$$
- Dividing the gradient by  $\sqrt{\text{MeanSquare}(w, t)}$  makes the learning work much better (Tijmen Tieleman, unpublished).

Introduced in a slide in Geoff Hinton's Coursera class, lecture 6

Cited by several papers as:

[52] T. Tieleman and G. E. Hinton. Lecture 6.5-rmsprop: Divide the gradient by a running average of its recent magnitude., 2012.

## RMSProp (optional)

Let's talk in codes:

```
moment2 = 0
beta2 = 0.9
c = 10e-8

for t in range(1, num_iters):
    batch = get_batch()
    loss = compute_loss(batch, w)

    dw = compute_gradient(loss)
    moment2 = beta2*moment2 + (1 - beta2)*dw*dw

    w -= alpha * dw / (sqrt(moment2) + c)
```

## Trick 1.7: Adam = Momentum + RMSProp (optional)

# ADAM: A METHOD FOR STOCHASTIC OPTIMIZATION

**Diederik P. Kingma\***

University of Amsterdam, OpenAI  
dpkingma@openai.com

**Jimmy Lei Ba\***

University of Toronto  
jimmy@psi.utoronto.ca

## ABSTRACT

We introduce *Adam*, an algorithm for first-order gradient-based optimization of stochastic objective functions, based on adaptive estimates of lower-order moments. The method is straightforward to implement, is computationally efficient, has little memory requirements, is invariant to diagonal rescaling of the gradients, and is well suited for problems that are large in terms of data and/or parameters. The method is also appropriate for non-stationary objectives and problems with

## Trick 1.7: Adam = Momentum + RMSProp (optional)

# ADAM: A METHOD FOR STOCHASTIC OPTIMIZATION

**Diederik P. Kingma\***

University of Amsterdam, OpenAI  
dpkingma@openai.com

**Jimmy Lei Ba\***

University of Toronto  
jimmy@psi.utoronto.ca

## ABSTRACT

We introduce *Adam*, an algorithm for first-order gradient-based optimization of stochastic objective functions, based on adaptive estimates of lower-order moments. The method is straightforward to implement, is computationally efficient, has little memory requirements, is invariant to diagonal rescaling of the gradients, and is well suited for problems that are large in terms of data and/or parameters. The method is also appropriate for non-stationary objectives and problems with

## Trick 1.7: Adam = Momentum + RMSProp (optional)

# ADAM: A METHOD FOR STOCHASTIC OPTIMIZATION

**Diederik P. Kingma\***

University of Amsterdam, OpenAI  
dpkingma@openai.com

**Jimmy Lei Ba\***

University of Toronto  
jimmy@psi.utoronto.ca

## ABSTRACT

We introduce *Adam*, an algorithm for first-order gradient-based optimization of stochastic objective functions, based on adaptive estimates of lower-order moments. The method is straightforward to implement, is computationally efficient, has little memory requirements, is invariant to diagonal rescaling of the gradients, and is well suited for problems that are large in terms of data and/or parameters. The method is also appropriate for non-stationary objectives and problems with

- Adam combines Momentum and RMSProp
- May not converge to optimal solution
- Works extremely well in practice! (60k+ citations)

## Adam = Momentum + RMSProp (optional)

Let's talk in codes:

Adam (Partial)

```
moment1 = 0
```

```
moment2 = 0
```

```
beta1 = 0.9
```

```
beta2 = 0.999
```

```
c = 10e-8
```

```
for t in range(1, num_iters):
```

```
    batch = get_batch()
```

```
    loss = compute_loss(batch, w)
```

```
    dw = compute_gradient(loss)
```

```
    momentum = beta1*moment1 + (1 - beta1)*dw
```

```
    RMSProp = beta2*moment2 + (1 - beta2)*dw*dw
```

```
    w -= alpha * momentum / (sqrt(RMSProp) + c)
```



# Adam = Momentum + RMSProp (optional)

Let's talk in codes:

```
moment1 = 0
moment2 = 0
beta1 = 0.9
beta2 = 0.999
c = 10e-8
```

Adam (Full)

```
for t in range(1, num_iters):
    batch = get_batch()
    loss = compute_loss(batch, w)
```

```
dw = compute_gradient(loss)
```

momentum

```
moment1 = beta1*moment1 + (1 - beta1)*dw
```

```
moment2 = beta2*moment2 + (1 - beta2)*dw*dw
```

RMSProp

```
unbias1 = moment1 / (1 - beta1**t)
```

```
unbias2 = moment2 / (1 - beta2**t)
```

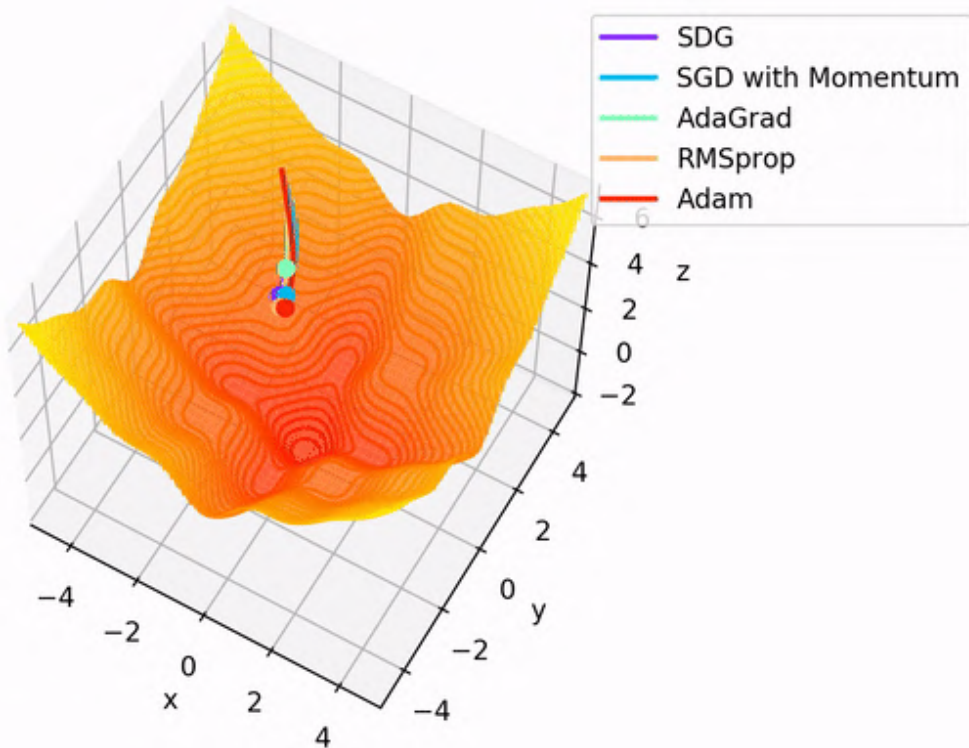
Bias Correction

```
w -= alpha * unbias1 / (sqrt(unbias2) + c)
```



## A toy example

Optimizer Comparison



# Take-away: Babysit the learning process

Problem	Diagnostics	Workarounds
incorrect gradients	finite differences	fix them, or use autodiff
local optima	(hard)	random restarts
slow progress	slow, linear training curve	increase $\alpha$ ; momentum
instability	cost increases	decrease $\alpha$
oscillations	fluctuations in training curve	decrease $\alpha$ ; momentum
fluctuations	fluctuations in training curve	decay $\alpha$ ; iterate averaging
dead/saturated units	activation histograms	initial scale of $\mathbf{W}$ ; ReLU
ill-conditioning	(hard)	normalization; momentum; Adam; second-order opt.

## Take-away: Good practice in learning process

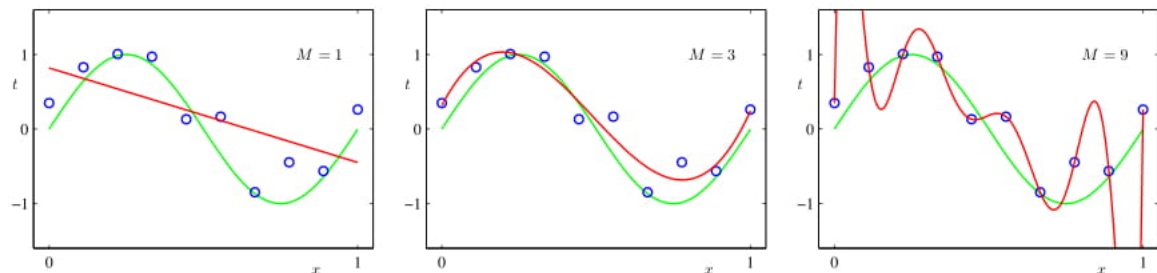
- Tune the batch size using grid search by monitoring the training and validation curves
- Tune the initial learning rate using grid search by monitoring the training and validation curves
- Use adaptive learning rate decay
- Choose a good initialization
- Adam and SGD with momentum are good default optimization methods

A dark, high-contrast photograph of a DJ's hands and arms operating a Pioneer DJ setup. The DJ is wearing a black t-shirt. The setup includes two turntables with silver platters and a central mixer with various knobs and sliders. The Pioneer logo is visible on the equipment. The word "Optimization" is written in large, white, sans-serif font across the center of the image.

# Optimization

# Generalization

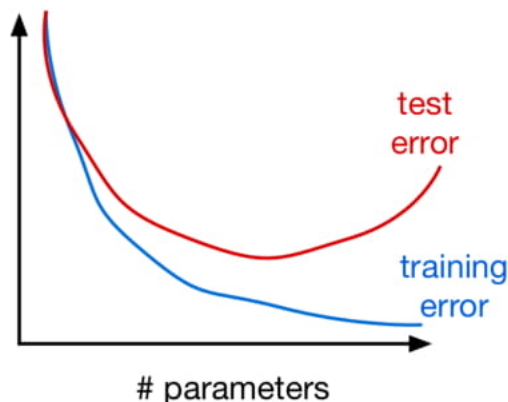
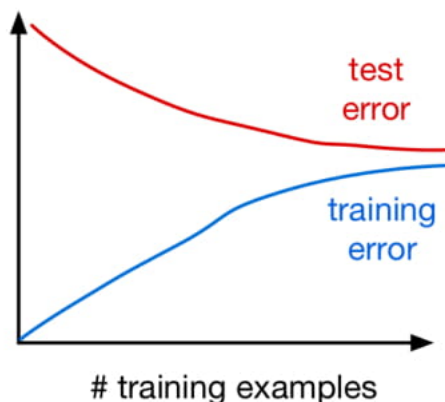
## Recall: overfitting and underfitting



We'd like to minimize the generalization error, i.e. error on novel examples.

# Generalization

- Training and test error as a function of # training examples and # parameters:



## Our Second Bag of Tricks

- How can we train a model that's complex enough to model the structure in the data, but prevent it from overfitting? I.e., how to achieve low bias and low variance?
- Our bag of tricks
  - data augmentation
  - reduce the number of parameters
  - weight decay
  - early stopping
  - ensembles (combine predictions of different models)
  - stochastic regularization (e.g. dropout)
- The best-performing models on most benchmarks use some or all of these tricks.

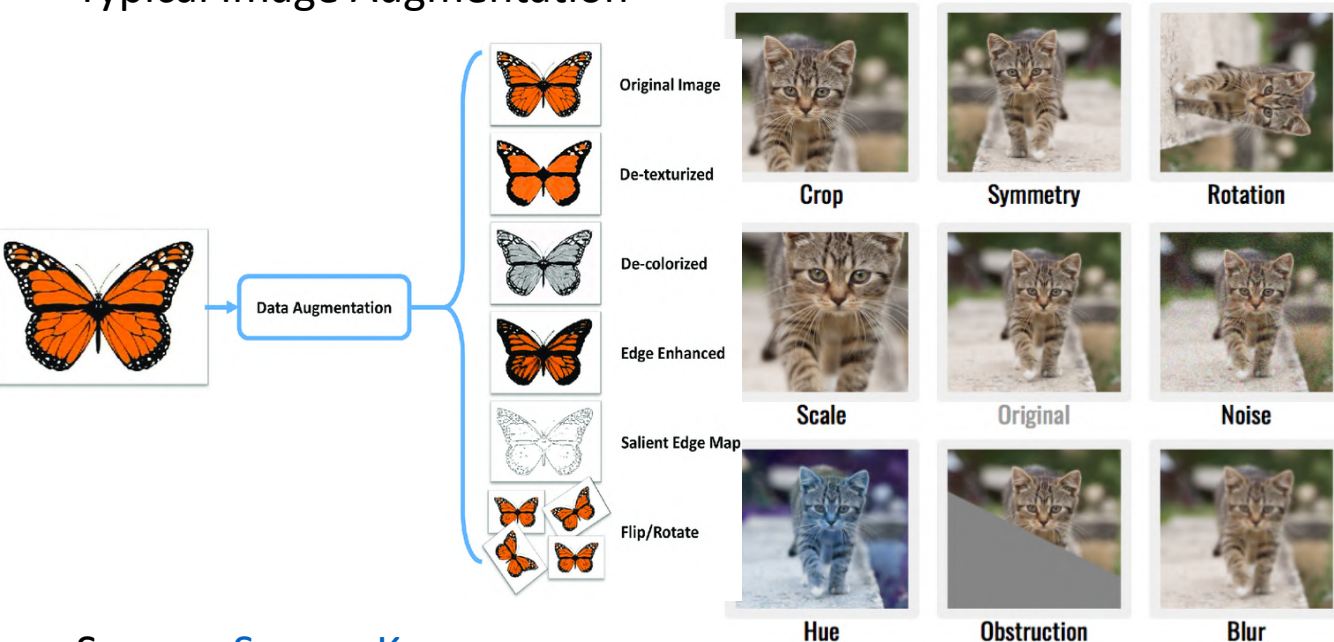
## Trick 2.1: Data Augmentation

- The best way to improve generalization is to collect more data!
- Suppose we already have all the data we're willing to collect. We can augment the training data by transforming the examples. This is called **data augmentation**.
- Examples (for visual recognition)
  - translation
  - horizontal or vertical flip
  - rotation
  - smooth warping
  - noise (e.g. flip random pixels)
- Only warp the training, not the test, examples.
- The choice of transformations depends on the task. (E.g. horizontal flip for object recognition, but not handwritten digit recognition.)



# Trick 2.1: Data Augmentation

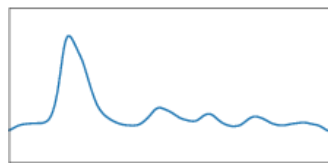
## Typical Image Augmentation



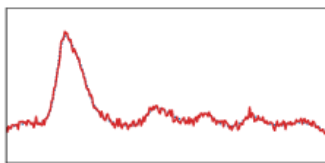
Source: [Sourav Kumar](#)

## Trick 2.1: Data Augmentation

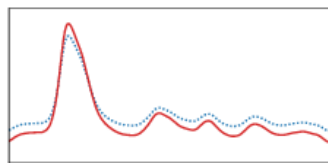
### Time series data augmentation



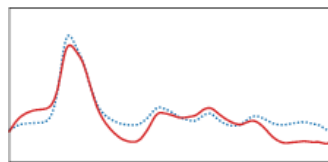
(a) Original



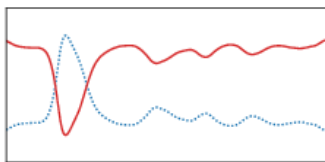
(b) Jittering



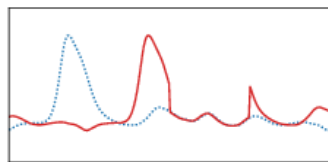
(c) Scaling



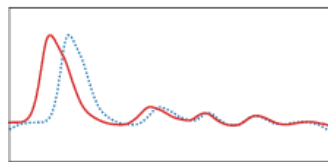
(d) Magnitude Warping



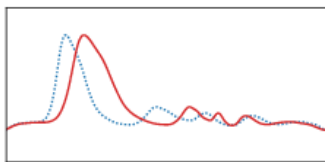
(e) Rotation



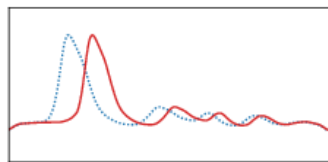
(f) Permutation



(g) Window Slice



(h) Time Warping



(i) Window Warping

## Trick 2.1: Data Augmentation

### Data Augmentation for NLP

*This **article** will focus on summarizing data augmentation **techniques** in NLP.*



Synonym  
Replacement

*This **write-up** will focus on summarizing data augmentation **methods** in NLP.*

Source: Shahul ES

## Trick 2.1: Data Augmentation

### Data Augmentation for NLP

*This **article** will focus on summarizing data augmentation **techniques** in NLP.*



Random  
Insertion

*This article will focus on **write-up** summarizing data augmentation techniques in NLP **methods**.*

Source: Shahul ES

## Trick 2.1: Data Augmentation

### Data Augmentation for NLP

*This **article** will focus on summarizing data augmentation **techniques** in NLP.*



Random Swap

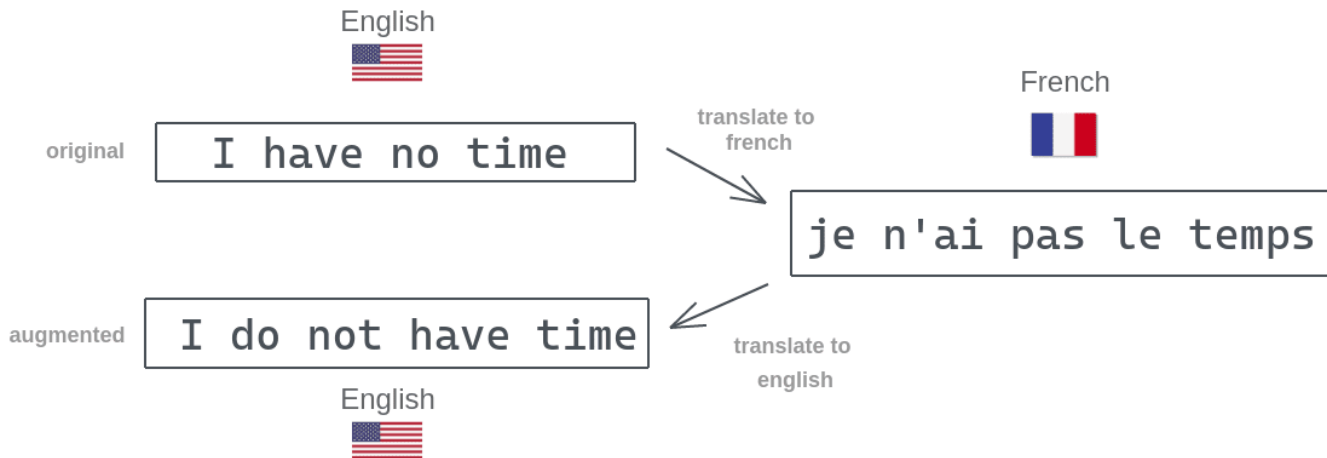
*This **techniques** will focus on summarizing data augmentation **article** in NLP.*

Source: Shahul ES

## Trick 2.1: Data Augmentation

### Data Augmentation for NLP

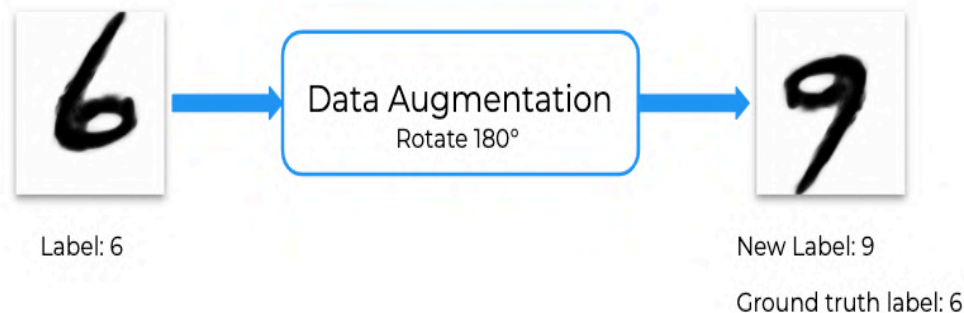
### Back-Translation



Source: Shahul ES

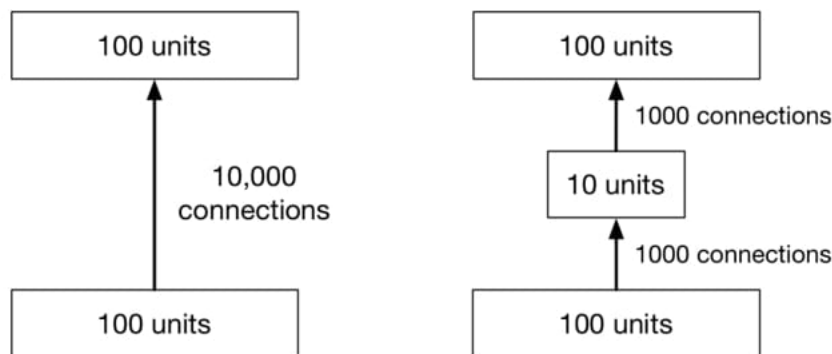
## Trick 2.1: Data Augmentation

### Caution!



## Trick 2.2: Reducing the Number of Parameters

- Can reduce the number of layers or the number of parameters per layer.
- Adding a linear **bottleneck layer** is another way to reduce the number of parameters:



- The first network is strictly more expressive than the second (i.e. it can represent a strictly larger class of functions). (Why?)
- Remember how linear layers don't make a network more expressive? They might still improve generalization.



## Trick 2.3: Weight Decay

- We've already seen that we can **regularize** a network by penalizing large weight values, thereby encouraging the weights to be small in magnitude.

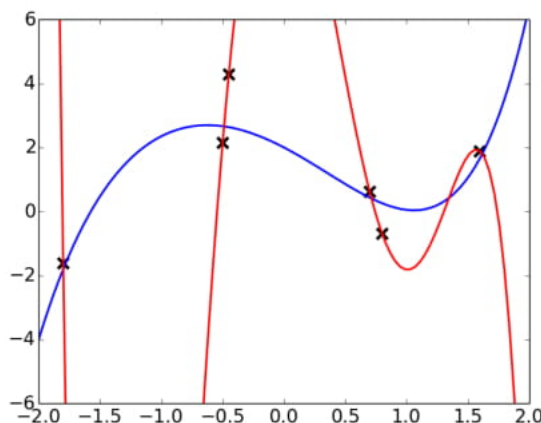
$$\mathcal{J}_{\text{reg}} = \mathcal{J} + \lambda \mathcal{R} = \mathcal{J} + \frac{\lambda}{2} \sum_j w_j^2$$

- We saw that the gradient descent update can be interpreted as **weight decay**:

$$\begin{aligned}\mathbf{w} &\leftarrow \mathbf{w} - \alpha \left( \frac{\partial \mathcal{J}}{\partial \mathbf{w}} + \lambda \frac{\partial \mathcal{R}}{\partial \mathbf{w}} \right) \\ &= \mathbf{w} - \alpha \left( \frac{\partial \mathcal{J}}{\partial \mathbf{w}} + \lambda \mathbf{w} \right) \\ &= (1 - \alpha \lambda) \mathbf{w} - \alpha \frac{\partial \mathcal{J}}{\partial \mathbf{w}}\end{aligned}$$

# Weight Decay

Why we want weights to be small:



$$y = 0.1x^5 + 0.2x^4 + 0.75x^3 - x^2 - 2x + 2$$

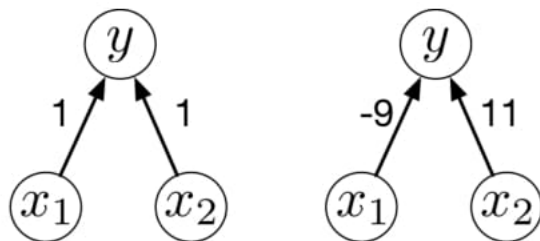
$$y = -7.2x^5 + 10.4x^4 + 24.5x^3 - 37.9x^2 - 3.6x + 12$$

The red polynomial overfits. Notice it has really large coefficients.

# Weight Decay

Why we want weights to be small:

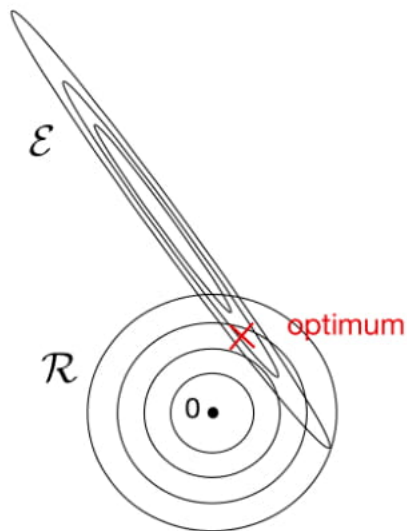
- Suppose inputs  $x_1$  and  $x_2$  are nearly identical. The following two networks make nearly the same predictions:



- But the second network might make weird predictions if the test distribution is slightly different (e.g.  $x_1$  and  $x_2$  match less closely).

# Weight Decay

- The geometric picture:

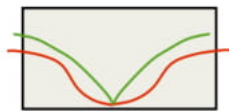


# Weight Decay

- There are other kinds of regularizers which encourage weights to be small, e.g. sum of the absolute values.
- These alternative penalties are commonly used in other areas of machine learning, but less commonly for neural nets.
- Regularizers differ by how strongly they prioritize making weights exactly zero, vs. not being very large.

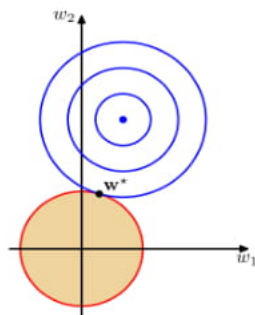


0



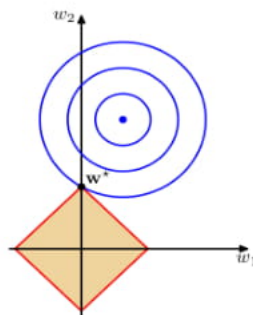
0

— Hinton, Coursera lectures



L2 regularization

$$\mathcal{R} = \sum_i w_i^2$$



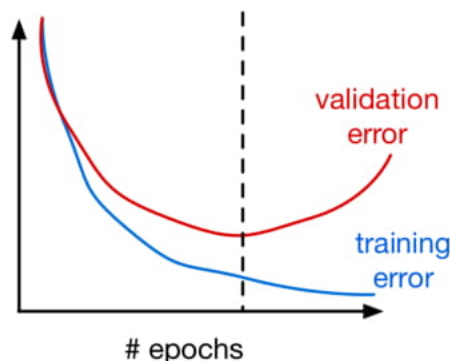
L1 regularization

$$\mathcal{R} = \sum_i |w_i|$$

— Bishop, *Pattern Recognition and Machine Learning*

## Trick 2.4: Early Stopping

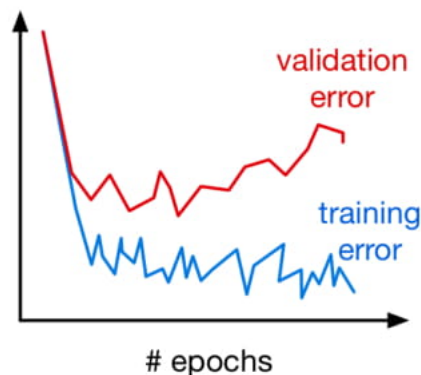
- We don't always want to find a global (or even local) optimum of our cost function. It may be advantageous to stop training early.



- **Early stopping:** monitor performance on a validation set, stop training when the validation error starts going up.

# Early Stopping

- A slight catch: validation error fluctuates because of stochasticity in the updates.



- Determining when the validation error has actually leveled off can be tricky.

# Early Stopping

- Why does early stopping work?
  - Weights start out small, so it takes time for them to grow large. Therefore, it has a similar effect to weight decay.
  - If you are using sigmoidal units, and the weights start out small, then the inputs to the activation functions take only a small range of values.
    - Therefore, the network starts out approximately linear, and gradually becomes more nonlinear (and hence more powerful).



## Trick 2.5: Ensembles

- If a loss function is convex (with respect to the predictions), you have a bunch of predictions, and you don't know which one is best, you are always better off averaging them.

$$\mathcal{L}(\lambda_1 y_1 + \cdots + \lambda_N y_N, t) \leq \lambda_1 \mathcal{L}(y_1, t) + \cdots + \lambda_N \mathcal{L}(y_N, t) \quad \text{for } \lambda_i \geq 0, \sum_i \lambda_i = 1$$

- This is true no matter where they came from (trained neural net, random guessing, etc.). Note that only the loss function needs to be convex, not the optimization problem.
- Examples: squared error, cross-entropy, hinge loss
- If you have multiple candidate models and don't know which one is the best, maybe you should just average their predictions on the test data. The set of models is called an **ensemble**.
- Averaging often helps even when the loss is nonconvex (e.g. 0-1 loss).

# Ensembles

- Some examples of ensembles:
  - Train networks starting from different random initializations. But this might not give enough diversity to be useful.
  - Train networks on different subsets of the training data. This is called **bagging**.
  - Train networks with different architectures or hyperparameters, or even use other algorithms which aren't neural nets.
- Ensembles can improve generalization quite a bit, and the winning systems for most machine learning benchmarks are ensembles.
- But they are expensive, and the predictions can be hard to interpret.

## Trick 2.6: Stochastic Regularization

- For a network to overfit, its computations need to be really precise. This suggests regularizing them by injecting noise into the computations, a strategy known as **stochastic regularization**.
- Dropout** is a stochastic regularizer which randomly deactivates a subset of the units (i.e. sets their activations to zero).

$$h_j = \begin{cases} \phi(z_j) & \text{with probability } 1 - \rho \\ 0 & \text{with probability } \rho, \end{cases}$$

where  $\rho$  is a hyperparameter.

- Equivalently,

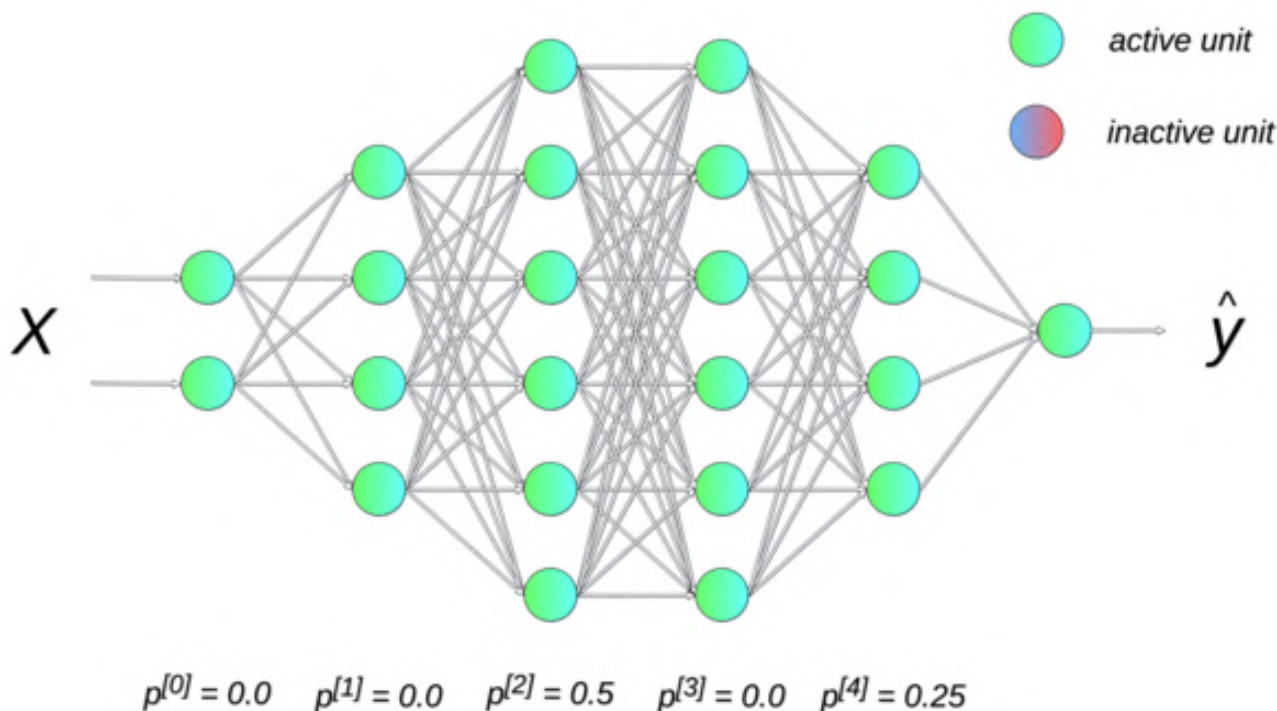
$$h_j = m_j \cdot \phi(z_j),$$

where  $m_j$  is a Bernoulli random variable, independent for each hidden unit.

- Backprop rule:

$$\bar{z}_j = \bar{h}_j \cdot m_j \cdot \phi'(z_j)$$

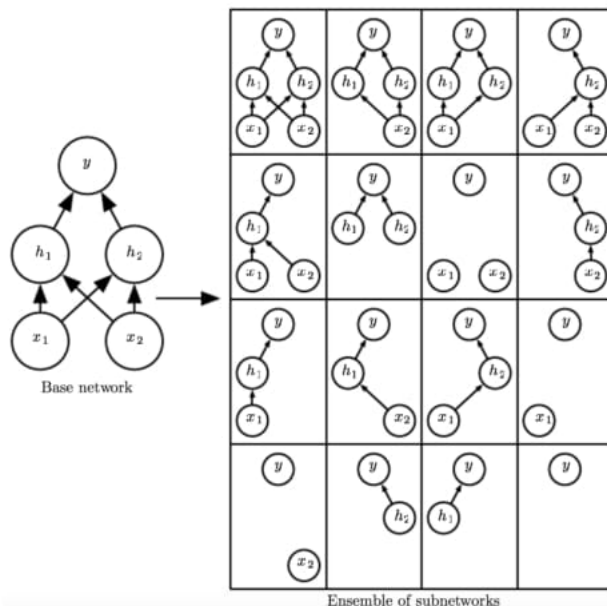
## Trick 2.6: Stochastic Regularization



Source: Peter Skalski

# Stochastic Regularization

- Dropout can be seen as training an ensemble of  $2^D$  different architectures with shared weights (where  $D$  is the number of units):



— Goodfellow et al., *Deep Learning*

# Dropout

Dropout at test time:

- Most principled thing to do: run the network lots of times independently with different dropout masks, and average the predictions.
  - Individual predictions are stochastic and may have high variance, but the averaging fixes this.
- In practice: don't do dropout at test time, but multiply the weights by  $1 - \rho$ 
  - Since the weights are on  $1 - \rho$  fraction of the time, this matches their expectation.

## Dropout as an Adaptive Weight Decay

Consider a linear regression,  $y^{(i)} = \sum_j w_j x_j^{(i)}$ . The inputs are dropped out half of the time:  $\tilde{y}^{(i)} = 2 \sum_j m_j^{(i)} w_j x_j^{(i)}$ ,  $m \sim \text{Bern}(0.5)$ .  $\mathbb{E}_m[\tilde{y}^{(i)}] = y^{(i)}$ .

$$\mathbb{E}_m[\mathcal{J}] = \frac{1}{2N} \sum_{i=1}^N \mathbb{E}_m[(\tilde{y}^{(i)} - t^{(i)})^2]$$

# Dropout as an Adaptive Weight Decay

Consider a linear regression,  $y^{(i)} = \sum_j w_j x_j^{(i)}$ . The inputs are dropped out half of the time:  $\tilde{y}^{(i)} = 2 \sum_j m_j^{(i)} w_j x_j^{(i)}$ ,  $m \sim \text{Bern}(0.5)$ .  $\mathbb{E}_m[\tilde{y}^{(i)}] = y^{(i)}$ .

$$\mathbb{E}_m[\mathcal{J}] = \frac{1}{2N} \sum_{i=1}^N \mathbb{E}_m[(\tilde{y}^{(i)} - t^{(i)})^2]$$

The bias-variance decomposition of the squared error gives:

$$\mathbb{E}_m[\mathcal{J}] = \frac{1}{2N} \sum_{i=1}^N (\mathbb{E}_m[\tilde{y}^{(i)}] - t^{(i)})^2 + \frac{1}{2N} \sum_{i=1}^N \text{Var}_m[\tilde{y}^{(i)}]$$



## Dropout as an Adaptive Weight Decay

Consider a linear regression,  $y^{(i)} = \sum_j w_j x_j^{(i)}$ . The inputs are dropped out half of the time:  $\tilde{y}^{(i)} = 2 \sum_j m_j^{(i)} w_j x_j^{(i)}$ ,  $m \sim \text{Bern}(0.5)$ .  $\mathbb{E}_m[\tilde{y}^{(i)}] = y^{(i)}$ .

$$\mathbb{E}_m[\mathcal{J}] = \frac{1}{2N} \sum_{i=1}^N \mathbb{E}_m[(\tilde{y}^{(i)} - t^{(i)})^2]$$

Tips:  $\text{Var}[m_j] = p(1-p)$

The bias-variance decomposition of the squared error gives:

$$\mathbb{E}_m[\mathcal{J}] = \frac{1}{2N} \sum_{i=1}^N (\mathbb{E}_m[\tilde{y}^{(i)}] - t^{(i)})^2 + \frac{1}{2N} \sum_{i=1}^N \text{Var}_m[\tilde{y}^{(i)}]$$

Assume weights, inputs and masks are independent and  $\mathbb{E}[x] = 0$ .

$$\begin{aligned} \mathbb{E}_m[\mathcal{J}] &= \frac{1}{2N} \sum_{i=1}^N (\mathbb{E}_m[\tilde{y}^{(i)}] - t^{(i)})^2 + \frac{1}{2N} \sum_{i=1}^N \sum_j \text{Var}_m[2m_j^{(i)} x_j^{(i)} w_j] \\ &= \frac{1}{2N} \sum_{i=1}^N (\mathbb{E}_m[\tilde{y}^{(i)}] - t^{(i)})^2 + \frac{1}{2} \sum_j \text{Var}[x_j] w_j^2 \end{aligned}$$

# Stochastic Regularization

- Dropout can help performance quite a bit, even if you're already using weight decay.
- Lots of other stochastic regularizers have been proposed:
  - Batch normalization (mentioned last week for its optimization benefits) also introduces stochasticity, thereby acting as a regularizer.
  - The stochasticity in SGD updates has been observed to act as a regularizer, helping generalization.
    - Increasing the mini-batch size may improve training error at the expense of test error!

# Take-away: Our Bag of Tricks

- Techniques we just covered:
  - data augmentation
  - reduce the number of parameters
  - weight decay
  - early stopping
  - ensembles (combine predictions of different models)
  - stochastic regularization (e.g. dropout)
- The best-performing models on most benchmarks use some or all of these tricks.

## Revisit the Controversy



*Your Thoughts?*

### Deep Learning: Alchemy or Science?

“The engineering artifacts have almost always preceded the theoretical understanding,” said LeCun. “Understanding (theoretical or otherwise) is a good thing. It’s the very purpose of many of us in the NIPS community. But another important goal is inventing new methods, new techniques, and yes, new tricks.”